

# **Role descriptor**

Role title:	Youth Panel Member
Points of contact:	Kath Woods-Townsend
Email address:	Kwt1b06@soton.ac.uk
Salary:	£12.63 per hour (Level 2a, spinal pt 13)
Work pattern (term time only):	1 hour online at a time to be confirmed (after school/college)
	2 hours independent work per week
Work location:	Online
Contract length:	12 weeks (one school term)
Review of role:	12 months

### Summary

LifeLab was established to help improve the choices young people make about their own health that will have lifelong impact for themselves and their children. The approach has always been to enable young people to make those choices for themselves through their own scientific discovery and supporting them in acquiring those skills, evaluating the information, and acting on what they find out. The success of that approach has been through working closely with young people and educators to ensure our programmes, opportunities and qualifications continue to be relevant and useful. We hope to equip future generations with not only a better understanding of the impact of their health choices, but also develop the skills for lifelong learning and provide inspiration for young people to make a difference in their own communities.

To help us achieve this goal, it is crucial that our work is shaped and developed with young people. The Youth Panel was established to enable us to co-create our work directly with young people.

## What will it involve?

As a Young Persons' Panel member, you will be expected to spend 3hours per week completing tasks set at a weekly meeting. We will meet as a group for 1hour every week, where we will discuss various LifeLab projects and consider how these can be developed. You will then be given some tasks to complete independently. You will be part of a team of students who have been chosen to help take LifeLab to the next stage.

#### Main duties and responsibilities

- To be courteous and polite
- To be willing to engage in discussion and share ideas
- To be willing to provide valuable insights
- To have a positive attitude
- To share views and experience in a constructive way
- To attend a weekly online session, dates and time to be agreed

#### **Requirement of the role:**

- Commitment to the role and attend sessions when required
- Commitment to continued learning and development
- Commitment to equality and diversity
- Commitment to complete any tasks set

## **Key Skills:**

- Basic literacy and IT skills
- To actively participate both individually and as part of a team
- To maintain a positive outlook and share ideas
- Effective verbal and listening communication skills
- Able to maintain confidentiality