



Head Teacher Consent Form

Study Title: Engaging Adolescents in Changing Behaviour (EACH-B)

Researcher: Professor Mary Barker

Ethics reference: 49226

Researchers are required to abide by ethical guidelines when working in schools. These cover topics such as gaining appropriate consent, permitting children to withdraw from the study, and keeping data confidential. We would be grateful if you could check and sign the following to show that you approve of the research procedures for this study.

Names of key contacts for school: *[insert researcher name(s)]*

Supervisor name and contact email address: Professor Hazel Inskip; eachb@soton.ac.uk

Classes to take part:

Brief description of procedure:

Parents/carers will be sent an electronic information letter with details of the study and an online form to be signed if they do not wish for their child(ren) to take part in the study. Parents/carers should be given at least two weeks to read and respond to this letter. Parents will also be asked to give consent for your school to share demographic details and pupil UPN numbers with us for research purposes.

Before beginning any data collection sessions, the teachers will stress to the students that there are no right or wrong answers to the questions; the researchers are just interested in the students' answers. Students will be asked if they would like to take part in the study and given the option to withdraw from the study at any point. They will be told that they can skip over any questions they do not wish to answer. The days on which data collection will take place will be as agreed with staff.

Consent procedure:

Students will also be asked for their consent to participate in the study after receiving an initial briefing on the nature of the study and the procedures involved. Teachers will provide this briefing to students using materials provided by us and following a meeting with us to discuss all trial procedures. On the day of the data collection lesson, students will give their consent and complete the questionnaires online using either devices provided by school or their own handheld devices.

Please sign below to confirm that you:

- understand the requirements of students who take part in the research
- have received detailed descriptions of the methods and materials to be used
- have undertaken a full review of the study, including all materials to be used
- give approval for your school to take part in the opt-out EACH-B research trial

Name of school:

Name of Head Teacher:

Signature:

Date: