



Year 5-6

# Swiss Cheese Model

*This lesson was written in August 2021 and reflects information available, and guidance issued at the time.*



## Objectives:

- To remember the actions we can take to stop COVID-19 spreading.
- To describe how each action works and know how choosing to do a few of these actions together can help stop the COVID-19 virus spreading.

## Curriculum Links:

*PSHE- L1. to recognise reasons for rules and laws*

*PSHE: H9. that bacteria and viruses can affect health; how everyday hygiene routines can limit the spread of infection; the wider importance of personal hygiene and how to maintain it R30. that personal behaviour can affect other people.*

## Key Vocabulary:

- Prevent
- Action
- Spread

## Resources:

- A4 or A5 card, scissors
- \*Optional, for making a game:
  - Plastic bottle, rice and cards
  - OR
  - Cutlery/pen basket, straws and pompoms or bouncy balls

## FAQs:

### **Why can vaccinated people still catch the virus? Does it mean the vaccinations aren't working properly?**

The main purposes of the vaccine are to reduce the risk of serious illness from catching the virus and to protect other people in your community. The vaccine is doing a brilliant job but vaccinated people can still catch the virus and pass it on to others – this is particularly true for the new variants.

### **How long do we have to use these prevention measures? Will we ever be able to stop worrying about COVID-19?**

No-one can predict how the COVID-19 virus is going to affect our lives in the coming years. As the vaccination programme continues and more people are vaccinated, we are resuming more and more of the things we are used to doing in our lives. Booster vaccines are needed – just like with flu. We are probably likely to see some of the prevention measures with us over the next few years.

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## Introduction:

5 mins



Start with class discussion of what we already know about COVID-19, how it spreads and what choices we can take to limit its spread.

Discussion - with more and more people vaccinated, why are we advised to still think about Hands, Face, Space and Fresh Air? Record children's ideas.

## Main Activity:

20 mins



Watch the COVID-19 Warrior introduction video.

Talk through PowerPoint slides 4-10 to discuss the different actions we can take

**Can children list all the actions we can take to slow the spread of the virus?**

- Split the class into 4 groups.
- In their groups, children write onto pieces of card all the different ways we can limit the spread of the virus .
- Each group check they have remembered and written down all 7 actions (slide 13).
- Collect and shuffle all pieces of paper, you will have 28 cards – to be sure you have a card for all children in the class, make up the rest with 'Scientist cards'.
- If possible, go to playground or the hall.
- Children each take one piece of card and spread out in the hall. The children who have the 'Vaccines' card are the team captains. Children have to join together to form a team, the aim is to form a team with all the different actions, not having any repeating.
- The 'Scientists' go around and help to make sure that each team has all 7 action cards.

## Plenary:

5 mins



- Can you explain how doing a few of these actions together can help stop the COVID-19 virus spreading.
- Address any questions from FAQs.



## Possible Extension Activities:

- Make a version of the Swiss cheese slice game as in the video/PowerPoint.