



Hands, Face, Space

This lesson was written in January 2021 and reflects information available, and guidance issued at the time.



Objectives:

- To express in simple words what we know about Coronavirus, including its transmission via saliva.
- To list as simple actions the measures/precautions we need to take to limit its spread, and explain in simple words how these actions can help stop transmission.
- To think of how we can encourage others around us to follow the rules.

Curriculum Links:

- **Y1 - Reading:** *recognising and joining in with predictable phrases*
- **Y2 - Reading:** *recognising simple recurring literary language*

Key Vocabulary:

- virus
- spread
- touch
- distance
- saliva droplets

Resources:

- PowerPoint

FAQs:

How did the virus get here? The virus is an example of a zoonotic infection – i.e. one that starts in animals first (in this case bats) and then is able to be passed to humans (maybe via another animal – in this case pangolins). The virus has travelled around the world by infecting humans.

When is it going to disappear? The virus will probably not disappear, but we can control the spread by following the measures and by getting vaccinated.

Can we still get the virus even if we wash our hands and keep 2 metres apart? You are much less likely to catch the virus if you wash your hands regularly and keep 2 metres away from those outside of your bubble.

Year 1-2

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Introduction:

10 mins



Watch COVID-19 Warriors Video introduction - meet the Warriors.

Start with class discussion of what we already know about COVID-19, how it spreads and what rules do we follow to limit its spread. Make a class mind map of what the children know.

Discuss how keeping distance, washing hands and covering face helps to reduce the spread of the virus.

Main Activity:

15 mins



Read the rhyme (in PowerPoint) about Hands, Face, Space rules.

Make up some actions to the rhyme.

Can you write your own class rhyme about the three rules?

Plenary:

5 mins



- Children take turns to explain how each of the Warrior's rules helps to stop the spread of the virus (prompts in PowerPoint).



Possible Extension Activities:

- Record (video) the rhyme with actions to show other classes in school/at assembly.