

NEWS FROM LIFELAB HQ

As we move into the last term for this academic year, we're looking back over a busy Spring term and an even busier Summer term ahead!



The LifeLab Annual Showcase is back - come and join us to hear about the work that has been happening this year
Wednesday 17th July
16:30 - 18:00



As always, please share with colleagues, students and parents so we can reach as many people as possible with these opportunities.

LIFELAB ON THE RED CARPET



LifeLab's young stars lit up the sky at Winchester Science Centre and Planetarium for a glittering film premiere and awards ceremony that celebrated their achievements and saw the launch of the Young Researcher Training Programme. Hosted by radio star Zoe Hanson, the films premiered at the event were devised by young people to empower other young people to develop and conduct their own research projects. The event also launched the Vaping Resources Toolkit, a range of targeted resources co-created with the Youth Panel to help schools and youth organisations tackle the issue of vaping and its possible health impacts. Watch the highlights reel here to see how much fun everyone had!

<https://bit.ly/LifeLabRedCarpetHighlights>



#BeeWell is a programme, co-created with young people to use an annual survey to generate insights into young people's lives. In March, the first #BeeWell survey data for Hampshire, Isle of Wight, Portsmouth and Southampton was released. Explore the [#BeeWell Neighbourhood Data Hive](https://uomseed.com/hips-neighbourhoods/2023/)

(<https://uomseed.com/hips-neighbourhoods/2023/>) to find out about the health and wellbeing of young people in our region and use the data to start conversations with young people, and identify opportunities to create change.

LIFELAB IN NUMBERS

Total number of schools who have participated in LifeLab to date

114

15,222

Total number of students who have been through the doors at LifeLab

Total number of schools participating in Early LifeLab

26

864

Total Number of Developing Talent Students

Total Number of Youth Panel Members to date

52

15,000TH STUDENT!



In March we were thrilled to welcome our **15,000th student** to LifeLab from Bay House School and Sixth Form, Gosport.

#SOTSEF2024



The LifeLab team were out in force at the annual University Science and Engineering Day Festival in March. It was great to see our youth panel members engaging with the public and showcasing the Virtual Reality experiences they helped to develop.

SOCIAL MEDIA TEAM

The LifeLab social media team have been building up their following - give them a follow on Instagram and TikTok to hear directly from young people and find out about resources and opportunities available for young people

GLOBAL COMMUNITY OF PRACTICE

In January, we welcomed partners from across the world as part of the first meeting of the LifeLab Global Community of Practice to share our experiences in youth health education. It was our pleasure to welcome partners from Australia, Ghana, Nepal, Ireland and South Africa!



DEVELOPING TALENT

25 students attended the Widening Access to Medicine Course. Students experienced clinical skills teaching, interviews, taster lectures, admissions talks and virtual work experience with University Hospital Southampton. Dylan said: "It has given me an insight into the different possible careers and fortified my passion for surgery. The interviews showed how friendly and caring the staff and students are, which has evoked a desire within me to achieve the grades to attend this university. This has been an unforgettable experience, and I can't put into words how grateful I am."

For more information about the event, please go to:
<https://www.southampton.ac.uk/schools-colleges/widening-access-to-medicine-residential.page>

360 TOUR OF LIFELAB



Coming soon!

You will be able to take a virtual tour of our fantastic LifeLab facilities. Last term's Youth Panel worked with

Southpoint films to produce an interactive 360 experience of LifeLab, the aim is to enable people to explore and find out more about what LifeLab offers for young people, teachers and researchers.

MEET THE TEAM



Kath Woods-Townsend,
LifeLab Programme Director

https://bit.ly/LifeLab_WhatWeDo_2024

HEALTHY AND SUSTAINABLE SCHOOLS' CONFERENCE



On Tuesday 21st May Southampton City Council are hosting their first Healthy and Sustainable Schools Conference. LifeLab will be present to discuss the

programmes we offer, along with other workshops, speakers, stalls and showcases.

Scan the QR code on the image to book or visit

<https://www.southampton.gov.uk/schools-learning/support-inclusion-education/healthy-schools/healthy-sustainable-schools/>

VAPING RESOURCES



Our Youth panel last year wanted to look at the issue of Vaping. They developed questions for focus groups, then contributed to governmental 'Calls for Evidence', they co-created a series of resources for schools and featured in an ITV Meridian News story

<https://bit.ly/LifeLabTVMeridianVapingStory>

As a result, we have been asked to go to Parliament in June for 'Sense about Science's' Evidence week to present our findings to MPs. Watch this space for updates - but what an achievement for the Youth Panel!

DATES FOR YOUR DIARY

Please share with colleagues and email lifelab@soton.ac.uk for more details.

- 21st May - SCC Healthy and Sustainable Schools' conference
- 24-28th June - Sense about Science - Evidence week
- 3rd July LifeLab Teacher PD day
- 17th July - LifeLab Annual Showcase
- 25/26th July - 'Experience Medicine with LifeLab'