



# LAURA DYER



## PHYSIOTHERAPIST

CLINICAL MATRON FOR STROKE SERVICES. HAMPSHIRE HOSPITALS FOUNDATION TRUST

"I love helping a patient towards recovery. There is huge satisfaction in a patient regaining mobility or independence and going home.



## Academic profile

### Degree

BSc Physiotherapy

### Qualification/achievement you are most proud of

The buzz when you see your patients get better, recover from their stroke and are able to go home

### Subjects you enjoyed at school

PE, Biology

## Career Summary

I started physiotherapy training at the University of Southampton. After completing a 3 year undergraduate programme I got my first rotational physiotherapy job in a large NHS Trust. I rotated through a range of specialities including neurology, respiratory and musculoskeletal physiotherapy. 2 years after qualifying I specialised in neurology. I have since developed my expertise in the management of neurological patients. I currently work as the Clinical Matron for the stroke service in Winchester leading a large service in a variety of settings

## Describe your job



## What inspired you?

I always had an interest in medicine however was initially unsure which career was right for me. I completed some work experience; this opened my eyes to the world of physio. It was the active career combined with the opportunity to develop specialist skills and knowledge I was looking for

## Did you know .....

Did you know more than 100,000 people have a stroke every year in the UK?

## Top tip

Go for it, the hard work and study is well worth it

## Best thing about my job

It's so varied, I have worked in so many different areas - I'm always learning!

## Find out more

- [The Chartered Society of Physiotherapists](#)
- [The Health and Care Profession Council](#)

## Watch the video:

