



Self-directed tasks:

1. Watch the YRTP video 'what is research?'
2. Spend time thinking about what research you might do – discuss it with family and friends – what issues and topics are you concerned about or passionate about? Can you link your research with action that needs taking to improve your life and the lives of others in your community?
3. Complete the triangle and PICO worksheet to help you focus in on possible research questions
4. Watch the 'Reflective and Reflexive researcher' video

Subject – what overall subject?

Theme – what specific theme?

Context - Who / where
could you investigate?

Topic?

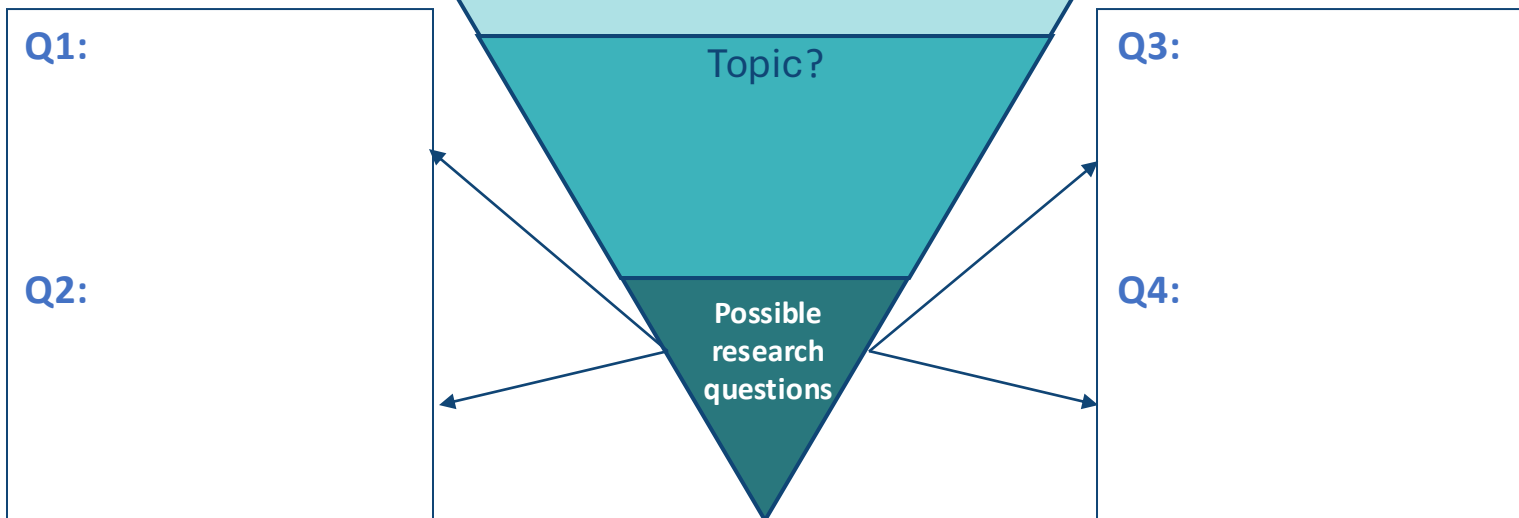
Possible
research
questions

Q1:

Q2:









Q3:

Q4:





Choose one of your possible research questions & complete the PICO table:

<p>What's your question? Write it in this box:</p>		
<p>PICO Framework</p>	<p>Example</p>	<p>Your answer</p>
<p>Population: WHO are you asking this question about?</p> 	<p>For example, young people in Southampton - what ages? Any other specific categories?</p>	
<p>Intervention: WHAT is the issue or problem that you're interested in researching?</p> 	<p>For example, how do the activities that young people do outside of school make them feel – how does this support their future?</p>	
<p>Comparison: HOW does their experience of this problem compare with other people's?</p> 	<p>This depends on your population, it might be a different age group of young people, it might be adults, it might be a different group of young people.</p>	
<p>Outcomes: HOW would people's experiences change if we sorted out this problem?</p> 	<p>For example, young people would feel more confident about their futures.</p>	