**Session 2 – How to be a reflective and reflexive researcher INDEPENDENT WORK**

**TASK 1:** Watch the short YRTP video again produced by young people ‘Reflective v reflexive’ by following the link **HERE**.

**TASK 2:** Write down one incident or event in your life where you wish things had turned out differently – it might be an exam where you didn’t do as well as you hoped, a sports game which wasn’t successful, arguments or difficulties in a relationship, a time where you gave an activity up but wish you hadn’t … it could be anything that has happened in your life. Think carefully about the event and write some answers to the questions on the next page. It’s all about reflection!

**TASK 3:** To recap session 1 on ‘What is research?’, complete the word fill and word search worksheets. If there are any words that you are unsure about, look up definitions online or in a dictionary.

**TASK 4:** Start completing your production log by reflecting on what you have done so far in the first two sessions of the Young Researcher Training Programme. Remember that you can use it to …

… reflect honestly on your ideas, your learning and the successes (or failures) of your research, as it happens

… write down anything you are finding difficult about taking part in the YRTP

… write down ideas for what you will do for your research and the information you want to find out.

… keep all your ideas together in one place, so you can refer back to them during the YRTP process.

If you have any difficulty thinking of what to write in your production log, try answering these questions when you write: What new information have you learned so far in the sessions? What new skills have you learned? Have you found anything difficult so far? How well did your group work together in the session today and could you improve your teamwork in another session?

**TASK 2 (continued) – reflecting on a past incident or event**

1. What was the incident or event? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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2. What happened? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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3. What do you wish had happened instead? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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4. How did you act during the incident or event? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

5. Why did you do this? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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6. Could you have acted differently? If so, how? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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7. What would help you to act differently another time? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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